

POLK CITY-LAKE ALFRED (42) – FLA042P https://ridewithgps.com/routes/31925867		
MILES	TURN	
0.0	South	Teco Auburndale Trail
6.6	L	Denton Ave
7.3	R	Lake Ariana Blvd
8.1	S	Ramsgate Rd
8.9	BR	Pearl St
	L	Pilaklakaha Ave
9.4	L	Ariana Ave
9.6	R	Lake Ariana Blvd
9.7	BL	Bay St
9.9	L	Lake Ariana Blvd / Main St
11.0	R	McNichols Ave
11.2	S	Carr Dr
	S	Keystone Rd
12.2	L	(Old) Lake Alfred Rd
13.8	S	Pierce St
14.6	R	S Buena Vista Dr
15.7	BR	Slight Right
17.9	L	Dr Martin Luther King Blvd
	R	Unity Way NW
18.5	L	Ave M NW
	R	Ave L NW
18.6	BL	Slight Left
18.8	R	Turn Right
19.0	BL	Slight Left
19.1	BR	Towards Ave D NW
19.2	R	Ave D NW
19.3	R	N Lake Howard Dr
		(counter clockwise)

21.5	L	Lake Howard Dr SW
23.3	R	Ave D NW
23.5	L	Turn Left
	BR	Slight Right
23.6	BL	Slight Left
23.7	BR	Slight Right
23.9	L	Turn Left
24.0	BR	Ave L NW
24.1	L	Ave M NW
	R	Unity Way NW
24.7	L	Dr Martin Luther King Blvd
	R	Turn Right
26.9	BL	Towards S Lake Shore Way
27.0	R	S Lake Shore Way
27.1	L	Frank Rd
27.2	R	S Buena Vista Dr
29.1	S	Lake Alfred Rd
29.7	R	Adams Barn Rd
30.2	S	TSO Adams Barn Rd
		(traffic circle)
30.7	S	TSO Adams Barn Rd
		(traffic circle)
31.7	L	Lake Mattie Rd
33.7	L	FL-559 S
34.2	R	Gapway Rd
36.2	L	Berkley Rd
36.8	R	Braddock Rd / Spring Rd
37.1	R	Teco Auburndale Trail to finish