



THE SPROCKET

July - August 2016

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President's Message from Jeanne Garrison-Young

When I became the president, I didn't realize that this was going to be the year of the jerseys. Our new club jerseys were delivered in early May and I have seen them being worn often on rides. If you missed placing an order the first time or would like to order another jersey, vest or jacket, let me know. If we have an order for five or more items, we can get them for the same prices as they were in May.

Again, thanks to John Neichter for designing the jersey and working with Voler on the order.

The other jersey that is in the works is the Harvest Homecoming Bicycle Tour (HHBT) jersey. See the article in the newsletter for a picture and order information.

We have had interesting weather challenges for our recent special club events. In May we had the club picnic where it was cold and very windy and then in June we had the Silver Creek Century and it was hot, hot, hot! However, we had good participation in both events and I think everyone had a good time. Unfortunately, during the Silver Creek Century, Bill Horton had an accident with a dog while riding down Bartle Knob Road. Bill won't be riding any more this season while his back injury heals. Please keep him in your thoughts and prayers.

Our next big club event is just around the corner. The HHBT is Sunday, September 25th. Please mark your calendar to join us on Saturday the 24th for the packet stuffing and on Sunday to volunteer at HHBT. Paul Beach will be coordinating the volunteers again this year and will be contacting you soon to find out what job you would like to do.

Our next club meeting is Thursday, July 21st at the Clarksville Library. The meeting will start at 6:00 pm. Please let me know if you have any topics you would like to discuss.

Hope to see you on many rides in July and August and at the club meeting on July 21st.

Happy Cycling!

Jeanne



**Next Club Meeting
Thursday, July 21, 2016
Clarksville Library**

We will begin promptly at 6 pm.

**Come join us & support your
club.**

**Mark Your
Calendar!**

If your Club Membership Dues are not up to date, please send your check to [David Rausch, P O Box 9621, Louisville, KY 40209-9621](#), to ensure that your mileage will be counted.

UPCOMING EVENTS

See Ride Schedules for additional details

- July 12** Bike, Swim, and Eat at Susie Hammond's –**RSVP req'd**
- July 16** RAIN Ride, Saint Mary's of the Woods, Terre Haute, IN
- July 21** SIW Meeting, Clarksville Library
- July 23** Adopt-A-Highway Cleanup, SCHS, Paul Beach
- July 23** Bike & Eat in conjunction with Iroquois Hill Runners, Mike Linnig's
- July 24-30** RAGBRAI, Joe Gutmann, 502-296-1009, pre-registration required
- July 30** Amishland and Lakes Ride

[Bicycle Indiana](#) has a Resource Guide at the link below for additional cycling opportunities:

http://www.bicycleindiana.org/docs/2016_BI_Resource_Guide_web.pdf

Your newsletter editor needs your help! If you have a favorite ride in September and October that you would like to share with other cyclists, please drop me a note by August 15th with the name of the ride and a website, if available. I will include it in the **UPCOMING EVENTS in the next newsletter.**



Happy Birthday

July

Nita Bernat	<u>07/</u>
Micah Fritzinger	<u>07/01</u>
Mark Ash	<u>07/02</u>
Larry Bolan	<u>07/02</u>
Frances Campbell	<u>07/03</u>
Dave Meredith	<u>07/03</u>
Keith Hutton	<u>07/05</u>
Molly Wike	<u>07/06</u>
Donnie Gladin	<u>07/10</u>
Susie Peters	<u>07/10</u>
Tim Meyer	<u>07/12</u>
Mary Quinn	<u>07/12</u>
Rosa Maynard	<u>07/14</u>
Lewis Brown	<u>07/19</u>
Candace Hyde	<u>07/20</u>
Carla Renn	<u>07/20</u>
Bill Sligar	<u>07/24</u>
Bill Kenealy	<u>07/25</u>
Sam Prather	<u>07/27</u>
Sharon Merker	<u>07/31</u>
Alison Torpey	<u>07/31</u>

August

Liza Domagalski	<u>08/02</u>
Andrea Baerenklau	<u>08/03</u>
Susie Hammond	<u>08/03</u>
Alison Ewart	<u>08/05</u>
Mary Ann Reynolds	<u>08/05</u>
Jim Shelton	<u>08/08</u>
Brian Christoff	<u>08/09</u>
Pat Gladin	<u>08/09</u>
Roger Bottorff	<u>08/16</u>
Bernie Campbell	<u>08/19</u>
Barb Beach	<u>08/20</u>
Ian Hyde	<u>08/20</u>
Mark Rieger	<u>08/21</u>
Mike Worley	<u>08/24</u>
Doug Ahrens	<u>08/28</u>
Cynthia Lovelace	<u>08/30</u>

If you are a bicyclist in the Southern Indiana/Louisville area and would like to ride with a great group of people with similar interests, come check us out! Just pick up a Southern Indiana Wheelmen or Slowspokes ride schedule from the Clarksville Schwinn bicycle shop. If you have any questions, please contact one of the club officers or visit our web site at www.siwheelmen.org.

NEW riders are always welcome! Slowspokes ride captains ride with the new and/or slowest riders and the riders regroup at points along the ride except. Riders should have some experience riding as these are not designed to teach the basics of bicycle operation.

New this Year! The HHBT Bike Jersey

2016 Harvest Homecoming Bicycle Tour Jersey



For the first time ever, we are offering a HHBT Bike Jersey. Jerseys may be ordered online at www.peak1bikestore.com/hhbt and will be available for pickup at the HHBT on September 25th. Be sure to order early since only a limited number of jerseys will be available. The online price is \$55.

For SIW club members, the price is \$45 for orders received by July 15th. Please contact Jeanne at jeannegy@aol.com if you need an order form.



2016-2017 Senior Games

On May 22, Susie Peters participated in the 2016 Indiana State Games in Evansville. She entered and earned first place in the 5K and 10K time trials and also took first in the road race. The photo shows Susie proudly displaying all 3 of her Gold Medals.

All those hours on the bike pushed her across the finish line.

We are proud of YOU!

Susie is now qualified to represent Indiana at the 2017 National Senior Games. If you would like to participate in cycling or other events, talk to Susie about qualifying this fall in Frankfort at the Kentucky Senior Games. You can also click on this link: <http://www.nsga.com/state-games.aspx?state=kentucky>

Submitted by Susie Hammond



Patoka Lake SIW Club Ride

May 1, 2016

The first Patoka Lake SIW Club ride was a success! After driving about an hour with occasional thick fog and fog upon arrival, the sun finally peaked through and offered us an absolutely beautiful morning for riding around Patoka Lake. There were 9 cyclists that came out to conquer a few hills and to view beautiful country scenery including lake views, all with very little traffic. We had 4 distance choices, 20 miles in the Park which no one showed up for, or a 30, 40, and a 50 miler around the lake. The ride started and ended at the parking lot of a newly opened restaurant called "Somewhere on Patoka Lake Bar & Grille". We had lunch there after completing the ride. The food was good, service a little slow (remember, it was new) but the atmosphere was great and we all had a great time sharing stories and anticipating the next event...indoor kart racing in French Lick. Everyone went to the track in French Lick and everyone raced the Karts. Well, everyone except for Barb who was designated "stuff" watcher, photographer, and cheerleader!

Most did three 8-minute races. Drivers were: Gary & Karen Johnson, Brian Christoff, Jessica Easterling, Kurt Resener, Ron Galbraith, Tim Meyer and Paul Beach. Most improved over the 3 races was Jessica. She started out a little intimidated and nervous, then ended up knocking nearly 8 seconds off for her best lap with a time of 34.656...which is a lot. Our "Champion" was Kurt with the best lap of 31.146 seconds. Coming in second was Brian with best lap of 31.285 and in third place was Paul with a 31.559.

The Winner & Champion! Kurt Resener

Paul and Barb do plan to put this ride on again in the near future so let's work on getting a large group to participate and enjoy all the fun. We need to knock Kurt off his pedestal. Watch your SIW Club ride schedule! Thanks again to everyone that came out.

Submitted by Barb Beach

Silver Creek Century

Saturday, June 11, 2016

58 riders

3,811 miles

Great SAG

Fun (but warm) day
for all!



Century Riders

Joe Bolan
Jason Korte
John Neichter

Vince Cecil
Leslie Malony
Beth Niccum

Kim Decker
Rosa Maynard
Marcy Prather

Tim Gettelfinger
Tim Meyer
Roben Rosenberger

Bryan Huhnerkoch
Joey Naville
Arnie Snow

Submitted by Jeanne Garrison-Young

PUBLIC SERVICE ANNOUNCEMENTS

Please support the Sponsors of Southern Indiana Wheelmen. A list of their logos can be found on the website: <http://www.siwheelmen.org/>

Need to contact a fellow club member? Check out the SIW Member Directory in the MEMBER AREA on the left hand side of the home page. It is for members only so it is Password Protected. Ask any club officer if you do not know the password.



TO MAKE THIS MEMBER AREA REALLY USEFUL, please review YOUR contact information. This information is provided only by YOU, at your discretion. It is NOT updated by club officers.

This newsletter is for ALL Southern Indiana Wheelmen club members. Please help by writing an article about a bicycle ride or other club activity that interests you. Include pictures if you can. Your participation will be greatly appreciated!! And you earn Participation Points.

If there is anything at all that you would like to suggest, please contact Paul Vice, pkvice@bellsouth.net or 502-338-4041.

Riding in a group?

➤ Be sure to talk to each other:

- **Say "on your left" when passing another rider on his/her left.**
- **Avoid passing another rider on the right. But, if you must, say "hold your line" or "I'm over here" or "on your right."**
- **Call out turns, traffic warnings and hazards.**

➤ Ride no more than two abreast and ride single file on busy roads.

➤ Always Practice "SAFETY FIRST"!

Do you have questions about mileage credit such as:

- Do I receive mileage credit if my bike breaks down on a ride and I cannot continue the ride?
- What if I show up for a ride but decide not to ride because of the weather?
- What if I don't complete the ride because of bad weather?

The answers are in the SIW By-Laws:

Mileage - By-Laws Article VII – A.

2. Inclement weather. If the weather is too unpleasant at ride time, the Ride Captain is not obliged to ride, or even to show up. However, any Member who considers the weather acceptable may earn miles credit by completing the ride at his or her own risk as always, and advising the Statistician. If multiple riders complete such a ride, they should choose a substitute Ride Captain to submit names and mileage to the Statistician.
3. Rainout. If Members have shown up to participate in a Club ride, and by ride time it has begun to rain, any rider who chooses to abandon the ride will earn 10 miles credit for being there. Any rider who chooses to ride in the rain, at his or her own risk as always, and completes the ride, will earn scheduled miles credit.
4. Shortened ride. If weather conditions worsen during a ride, riders who abandon will get "shortened ride" credit. Further, regardless of weather, an illness, an accident, or irreparable damage to a bicycle may force a rider to abandon a ride. In any of these cases, the Member earns credit for 50% of the listed mileage if half or less of the ride is completed, or full listed mileage if more than half is completed.