



THE SPROCKET

January – February 2018

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SIW Web Page

www.siwheelmen.org

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President's "Point of View" from Paul Beach

I've been in the S.I.W. Bike Club now about 36 years and I see the club going in two different directions. First of all, I don't think we as a club want to beat each other over the head with rules and by-laws. On the other hand, we are a bike CLUB and need to try to do the right and safe thing when riding a Club Ride.

I don't see a problem with avoiding a certain hill or a dangerous road, and then get back on the correct course as soon as possible. What I do have a problem with is when the Ride Captain says, "Just do what you want". That to me is out riding your own ride (not a Club Ride). Not safe, not what we should be doing with those we are riding with, especially new riders or those who may not know the area.

If the S.I.W. Club wants to go in this direction: more free to do what you want, when you want, that's fine with me, but I won't be in a leadership position when I don't think it's the safest and right thing to do, with members coming to me asking why some riders are doing this or that. We should be on our bikes just having fun, in a safe and responsible way and not arguing over who's doing something they shouldn't be doing.

So riders and Ride Captains - let's all get on the same page. I'm not saying to be the ride police. Let's just be fair and consistent with all riders. Let's ride having a great time, a safe time, and all doing what we know we should be doing.

That's my "Point of View", what's yours? Tell us by coming to your next Club Meeting (January 18, 2018) or let an S.I.W. Club Officer know.

God bless and ride safe.

Paul Beach



**Mark Your
Calendar!**

**Next Club Meeting
Thursday, January 18, 2018
Clarksville Library**

We will begin promptly at 6 pm.

Come join us & support your club.

UPCOMING EVENTS

Polar Bear Ride

Monday, January 1, 2018

10 am

Hosts: Marla and Bryan Huhnerkoch, [7103 Copper Passage, Georgetown, IN](#)

It's the first ride of the New Year 2018. There are 3 ride choices (8, 15 or 25 miles). Or none at all.

Lunch will be around noon. There will be chili and hot chocolate and more. Bring a covered dish or dessert to share if you wish, but your presence is most important. This is NOT a members-only event so bring other riding friends, too.

Please RSVP to Marla and Bryan at (812) 704-2448

Special Events Planning Meeting

Saturday, January 13, 2018

12 pm

Bob and Mary Quinn, [1002 Plum Woods Court, Sellersburg, IN](#)

Pitch-in lunch followed by the planning meeting. In previous years, this has been known as the SlowSpokes Planning Meeting. It is still primarily that but I would like to encourage everyone to attend who would like to be involved in the planning of Special Events and Rides.

Please RSVP to rdquinn901@gmail.com or (502) 314-7951 (Bob Quinn) by Wednesday, January 10th if you plan to attend.

If your Club Membership Dues are not up to date, please send your check to [David Rausch, P O Box 9621, Louisville, KY 40209-0621](#), to ensure that your mileage will be counted.



If you see any of the riders listed below, please wish them a

Happy Birthday!!

January		February	
Nancy Lovett	<u>01/01</u>	David Ezzell	02/01
Marty Jones	<u>01/02</u>	Ron Galbraith	02/01
Lily Korte	<u>01/02</u>	Brad Connerly	02/02
Kurt Haydon	<u>01/04</u>	Karen Chatham	02/04
Joe Lobred	<u>01/06</u>	Tony Young	02/05
Amy Culwell	<u>01/09</u>	Genna Brock	02/06
Mike Jenkins	<u>01/10</u>	Matt Prather	02/07
Dick Keith	<u>01/12</u>	Bruce Lowe	02/08
Robin Meredith	<u>01/12</u>	Paul Vice	02/08
Karen Summers	<u>01/12</u>	Marion Gore	02/10
Carson Torpey	<u>01/15</u>	Michael Hardwick	02/11
Bryan Huhnerkoch	<u>01/16</u>	Tony Barranco	02/12
Karen Johnson	<u>01/16</u>	Merrell Grant	02/13
Joe Bishop	<u>01/17</u>	Tak Koerner	02/18
Michael Poindexter	<u>01/18</u>	Bill Priddy	02/18
Lynn Luking	<u>01/19</u>	Spence Wike	02/20
Bruce Renn	<u>01/19</u>	Carolyn Vose	02/21
Michael Hottois	<u>01/21</u>	Ken Meyer	02/22
Barbara Thorn	<u>01/21</u>	Michael Lockett	02/25
Sharon Thomas	<u>01/22</u>	Becky Best	02/27
Ben Marsh	<u>01/29</u>	Michele Reichel	02/28
Tony Wilson	01/29		

If you are a bicyclist in the Southern Indiana/Louisville area and would like to ride with a great group of people with similar interests, come check us out! Just pick up a Southern Indiana Wheelmen or SlowSpokes ride schedule from the Clarksville Schwinn bicycle shop. If you have any questions, please contact one of the club officers or visit our web site at www.siwheelmen.org.

PUBLIC SERVICE ANNOUNCEMENTS

Please support the Sponsors of Southern Indiana Wheelmen. A list of their logos can be found on the website: <http://www.siwheelmen.org/>

Need to contact a fellow club member? Check out the SIW Member Directory in the MEMBER AREA on the left hand side of the home page. It is for members only so it is Password Protected. Ask any club officer if you do not know the password.



TO MAKE THIS MEMBER AREA REALLY USEFUL, please review YOUR contact information. This information is provided only by YOU, at your discretion. It is NOT updated by club officers.

ACCUMULATIVE PLAQUE AWARDS

<u>Miles</u>	Phyllis Andres Robert Byrne	Don Gettelfinger Bob Hamilton	Mary Quinn
5,000			
10,000	Ann Bishop	Roben Rosenberger	Margaret Walton
15,000	Marty Jones Tak Koerner	Rosa Maynard Joey Naville	Maggie Ridge Barbara Thorn
20,000	Orlando Gonzalez	Kevin Kennedy	Stan Wheeler
25,000	Tony Barranco Ben Blackman Tony Duncan	Ed Gooatee Janet Jacobi Ron Loughmiller	Leslie Malony David Rausch Carole Sutton
30,000	Kim Decker Jason Korte	Ken McCardwell Ray Thomas	Paul Vice
35,000	Jan Campbell	Brian Christoff	Bryan Huhnerkoch
40,000	Larry Best	Mary Ann Reynolds	
45,000	Tim Meyer Bob Peters	Jan Stahlgren Len Stahlgren	Bob Tull
50,000	Joe Bolan John Evers	Tim Gettelfinger John Neichter	
55,000	Joe Gutmann		
60,000	Joan Gilley Donnie Gladin		
70,000	Malvery McKim		
90,000	Barb Beach		
100,000	Bill Kenealy		
105,000	Dick Keith		
125,000	Paul Beach		
130,000	Ron Galbraith		

MILEAGE AWARDS

1,000 Miles

Phyllis Andres	Alison Ewart	Keith Hutton	Brad Price
Cindy Barranco	Bill Fible	Janet Jacobi	Dan Purlee
Ben Blackman	Jim Gladin	Tak Koerner	Kurt Resener
Teri Blackman	Orlando Gonzalez	Nancy Lovett	Roben Rosenberger
Roger Bottorff	Paul Gruber	Eric Madison	Jim Shelton
Clare Burkhart	Randy Hein	Jessica Madison	Kim Stone
Robert Byrne	Bill Horton	Ben McMillen	Ray Thomas
Katie Domagaliski	Michael Hottois	Katy McMillen	Bob Tull
Mike Duczeminski	Marla Huhnerkoch	Bob Peters	John Wallace
			Bridget Zipp

2,000 Miles

Ann Bishop	Mike Jacobi	Mark Rieger
Kevin Dahill	Marty Jones	Jan Stahlgren
Jeanne Garrison-Young	Jacob McDonald	Len Stahlgren
Joan Gilley	Malvery McKim	Paul Vice
Susie Hammond	Susie Peters	Stan Wheeler
Bill Hurley	Mary Quinn	Tony Young

3,000 Miles

Tony Barranco	Ken McCardwell	Joe Bolan	Bryan Huhnerkoch
Jan Campbell	Ron McKim	Brian Christoff	Bill Kenealy
Jessica Christoff	Tim Meyer	Ed Gooatee	Leslie Malony
Tony Duncan	Joey Naville	Joe Gutmann	Barbara Thorn
Jeanette Gettelfinger	Bob Quinn		
Donnie Gladin	David Rausch		
Kevin Kennedy	Mary Ann Reynolds		
Jason Korte	David G. Richard		
Rosa Maynard	Carole Sutton		

4,000 Miles

Joe Bolan	Bryan Huhnerkoch
Brian Christoff	Bill Kenealy
Ed Gooatee	Leslie Malony
Joe Gutmann	Barbara Thorn

5,000 Miles

Barb Beach
Dick Keith

6,000 Miles

Paul Beach
Larry Best
Ron Galbraith
Tim Gettelfinger
Ron Loughmiller
Maggie Ridge

7,000 Miles

John Evers
Don Gettelfinger

8,000 Miles

Kim Decker

10,000 Miles

John Neichter

SIW Club Officers

<p style="text-align: center;"><u>2017</u></p> <p>President: Jeanne Garrison-Young VP Touring: John Neichter Secretary: Stan Wheeler Treasurer: David Rausch Statistician: Bryan Huhnerkoch Web Master: Tim Meyer News Letter Editor: Paul Vice SlowSpokes Coordinator: Bob Quinn HHC Directors: Bob & Susie Peters</p>	<p style="text-align: center;"><u>2018</u></p> <p>Paul Beach John Neichter Ron McKim David Rausch Bryan Huhnerkoch Tim Meyer Paul Vice Bob Quinn Bob & Susie Peters</p>
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SIW Club Board of Directors

<p style="text-align: center;"><u>2017</u></p> <p>Chairman: Ron McKim* Brian Christoff Alison Ewart* Joe Gutmann* Tak Koerner Rosa Maynard Ray Thomas *leaving due to term limit</p>	<p style="text-align: center;"><u>2018</u></p> <p>Chairman: To be announced... Brian Christoff Ed Gootee (new) Tak Koerner Jason Korte (new) Rosa Maynard Ray Thomas Barbara Thorn (new)</p>
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2017 TOURING CHAMPIONS

(Under 55) (55 and Over)

Men - Brian Christoff	Men - Don Gettelfinger
Women - Rosa Maynard	Women - Maggie Ridge

Around the World (24,901 Miles)

Tony Barranco	Ron Loughmiller	Ed Gootee
Janet Jacobi	Tony Duncan	David Rausch
Ben Blackman	Leslie Malony	Carole Sutton

Double Around the World (49,802 Miles)

Joe Bolan	John Evers	Tim Gettelfinger	John Neichter
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SIW Top Twenty-Fives for 2017



	PARTICIPATION POINTS	2017 MILEAGE (Oct 1, 2016 - Sep 30, 2017)	ACCUMULATIVE MILEAGE (thru Sep 30, 2017)
1	Gutmann, Joe 100	Neichter, John 10,280	Galbraith, Ron 132,193
2	Gilley, Joan 78	Decker, Kim 8,399	Beach, Paul 128,198
3	Horton, Bill 67	Evers, John 7,907	Keith, Dick 109,678
4	Neichter, John 63	Gettelfinger, Don 7,146	Kenealy, Bill 102,768
5	Galbraith, Ron 51	Gettelfinger, Tim 6,634	Beach, Barb 94,420
6	Christoff, Brian 48	Best, Larry 6,439	Peters, Susie 83,972
7	Garrison-Young, Jeanne 47	Beach, Paul 6,328	Ewart, Alison 77,832
8	Kenealy, Bill 46	Galbraith, Ron 6,256	McKim, Malvery 72,166
9	Huhnerkoch, Bryan 44	Loughmiller, Ron 6,171	McKim, Ron 69,138
10	Vice, Paul 41	Ridge, Maggie 6,096	Gladin, Donnie 63,006
11	Best, Larry 39	Keith, Dick 5,411	Gilley, Joan 60,176
12	Beach, Paul 38	Beach, Barb 5,017	Gutmann, Joe 58,155
13	McKim, Ron 37	Kenealy, Bill 4,871	Neichter, John 53,818
14	Meyer, Tim 29	Gootee, Ed 4,591	Rieger, Mark 53,454
15	Ewart, Alison 26	Bolan, Joe 4,533	Bolan, Joe 52,126
16	Hottois, Michael 26	Christoff, Brian 4,454	Gettelfinger, Tim 50,826
17	Decker, Kim 22	Malony, Leslie 4,330	Evers, John 50,259
18	Duncan, Tony 19	Gutmann, Joe 4,270	Purlee, Dan 46,697
19	Evers, John 19	Thorn, Barbara 4,199	Merker, Steve 45,844
20	McCardwell, Ken 19	Huhnerkoch, Bryan 4,054	Stahlgren, Jan 45,822
21	Gladin, Donnie 18	Gladin, Donnie 3,976	Peters, Bob 45,795
22	Rausch, David 18	Kennedy, Kevin 3,912	Stahlgren, Len 45,759
23	Wheeler, Stan 18	Maynard, Rosa 3,906	Meyer, Tim 45,304
24	Sutton, Carole 17	McKim, Ron 3,595	Tull, Bob 44,994
25	Hurley, Bill 15	Barranco, Tony 3,538	Best, Larry 42,029

Photos from 2017 Awards Banquet



^ - Bob Peters, Joe Gutmann, Susie Peters



^ - John Neichter

Most Improved Riders



^ - Don Gettelfinger, Jenny Gettelfinger

15,000 Accumulative Miles



^ - Barbara Thorn, Marty Jones



Photos from 2017 Awards Banquet

60,000 Accumulative Miles



Donnie Gladin, Joan Gilley -^

Double Around the World



^- Tim Gettelfinger, John Neichter, John Evers

Around the World



^- Ron L., Leslie M., Tony B., David R., Janet J., Ed G., Ben B.

Outstanding Young Rider



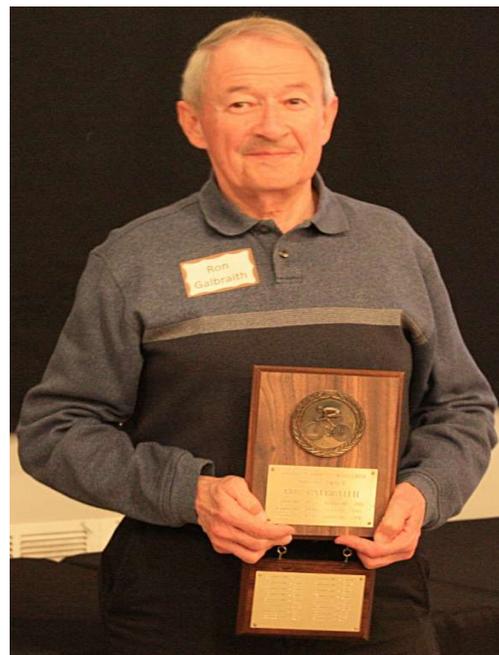
^- Jessica Madison

70,000 Accumulative Miles



^- Malvery McKim

130,000 Accumulative Miles



^- Ron Galbraith

SIW Represented in the New York Marathon – Maggie

The New York Marathon is the world's largest marathon. It ranks with the top six in the world (Berlin, London, Tokyo, Chicago and Boston). I was selected in a lottery to run the five boroughs on November 5, 2017 with 50,000 other runners. Some qualified by time, volunteered or donated money to charity in order to run. I've run 24 marathons and up until New York I must say Chicago was my favorite.

After having two arthroscopic knee surgeries I can only run two to three times a week and I train with the Galloway run-walk-run method. So I have to focus on cross training and I attribute time on my bike as my ability to run a marathon. When you bike you build up your quad muscles to take pressure off your knees. A couple days a week I would do brick workouts (run/bike) to give my body the endurance training. My orthopedic doctor told me if I would focus on trail running and get away from speed work I would preserve my knees. So this is my goal in life...preserve the knees!



New York was an experience of a lifetime. After flying into LaGuardia Airport, I stayed at the Wellington which was a few blocks from Central Park. I met so many thoughtful and caring people. Locals would see you looking at your phone for directions and they would offer assistance. On race morning I took the subway to the Ferry and then was bused to the staging area where all 50,000 runners start on Staten Island. Security was very tight. Armed policemen were present throughout the city all weekend. We even had gunner boats protecting our ferry! In New York there were over two million spectators cheering us on. People camping out on their front step

playing music from the living room window, barbershop quartets, gospel singers. Brass and strings, DJs spinning records, cheerleaders and dancers entertained us the whole 26.2 miles. In the Williamsburg neighborhood, the Hasidic population mostly went about their daily activities like the race wasn't even going on (the Sabbath was the day before, so Sunday is just another day of work). Once you enter Central Park you know you are close to the finish line; however, once you cross the finish line at 66th street you get your medal, recovery bag and ushered up to 82nd street and given a hooded lined poncho. Yeah now back to hotel!

If you haven't been to New York put it on your bucket list. I love New York!



By Maggie Ridge



SIW Represented in the New York Marathon – Scott

On November 5, 2017, I was blessed to have been given the opportunity to compete in the TCS New York City Marathon. Being a native of the New York City area for the first fourteen years of my life, I was especially excited.

Along with two friends, I trekked east for the 750-mile journey to our New Jersey lodging a couple of days prior to the race. A subway ride below the Hudson River transported us to the World Trade Center station in lower Manhattan. Like many Americans, we satisfied our wish to visit to the 9/11 Memorial and pay our tribute to those lost. Although a somber moment, our tour of the city would be incomplete without this pilgrimage.

After a delightful lunch at a quaint establishment in Little Italy on an unseasonably warm afternoon, I made my way through the hustle and bustle of Midtown to arrive at the Jacob Javits Center for the race expo. The abundant diversity of participants was on full display. People from all races, many cultures and countries were well represented.



Post-race on the upper west side

Race day arrived and the participants filled the athlete's village at the foot of the Verrazano Narrows Bridge in Staten Island. When the gun sounded, over 50,000 runners commenced on their 26.2 mile journey through the boroughs of New York City. We ascended the bridge over New York Harbor and into Brooklyn as a sea of onlookers were sounding off with a deafening cheer. We continued into Queens finding similarly supporting fans eager to inspire us with their ovation. Mile fifteen brought us the formidable task of ascending the approach to the 59th Street Bridge, or Queensboro, depending on which side of the East River one resides. A right turn, and we were greeted by more excited spectators for our first steps into Manhattan. Up to the Bronx, back to Manhattan, and we were headed down 5th Ave with a spectacular view of the Midtown super structures reaching high into the troposphere. Once more, the euphoric cheers of the crowd helped to overlook the pleading of my legs to end the suffering. Finally, into Central Park, and to the finish line with a time of 3:14:03, a new marathon personal best. It was elating to achieve a goal I set out to accomplish so many months ago.

After securing my gear, we found a suitable location on the Upper West Side to replenish our depleted carbohydrate storehouses.

I will always treasure this trip as great time with friends, a magnificent event, in the greatest city in the world.

By Scott Baerenklau

Our quaint lunch restaurant in Little Italy



Pre-race at the Verrazano Narrows Bridge





In Memoriam

Paul Gruber passed away on December 11th at his home in Florida. Paul came into our SIW lives in 2012 courtesy of long-time club member Phyllis Lewis. Paul was new to bicycling with a club but he was able to fit in very quickly and became a great addition to our cycling family. He was a great help to Phyllis as she battled her cancer and he was with her right through to her last day. Paul never met a stranger. He was always willing to help get things done including doing many home improvement projects for members of our club.

As mentioned by his brother, Paul became an avid biker and huge fan of the Southern Indiana Wheelmen bike club.

Paul and Phyllis were regular members of the annual SIW Florida Trip. His whiskey sours often helped pass the time in the evenings after a day of cycling.

We will miss him. And we send our condolences to his family, especially his brothers Mike and Glenn who have also ridden with us and have been members of SIW.

From The Courier-Journal on Dec. 14, 2017:

In lieu of flowers, please express sympathy with a contribution to The Home of the Innocents, 1100 East Market Street, Louisville, KY 40206 (www.homeoftheinnocents.org). Paul loved helping others and we're certain he'd appreciate any gifts to make these children's lives brighter.